

**Falcon Hall
Indoor Track**
OPEN LUNCH
HOURS!

**Exercise
is Medicine[®]**
On Campus



**Tuesdays and
Thursdays**

**October 2 to November 29
12:30-1:15 PM**

Location: TPSS Campus, Falcon Hall Gym

Entry: Second Floor (take the foyer stairs up to
the second level)

FREE ACCESS TO STUDENTS, FACULTY, & STAFF
LIMITED SPOTS; SIGN UP TODAY



<https://www.surveymonkey.com/r/walktakoma>

For more information or disability support, contact
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