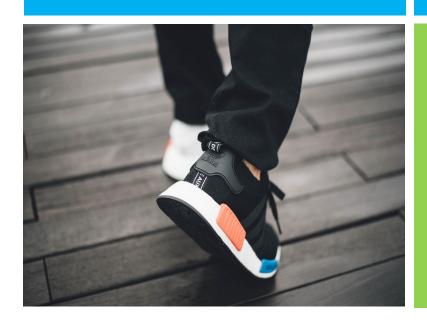
## Falcon Hall Indoor Track OPEN LUNCH HOURS!

## ExeRcise is Medicine On Campus



## Tuesdays and Thursdays

October 2 to November 29 12:30-1:15 PM

Location: TPSS Campus, Falcon Hall Gym

Entry: Second Floor (take the foyer stairs up to the second level)

FREE ACCESS TO STUDENTS, FACULTY, & STAFF LIMITED SPOTS; SIGN UP TODAY



https://www.surveymonkey.com/r/walktakoma

For more information or disability support, contact
Tonya.Seed@montgomerycollege.edu or LaKisha.Nickens-Gaither@montgomerycollege.edu

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